

# Gildredge House School

Safe,  
independent  
Sustainable  
Transport



## The Challenge

Gildredge House School in Eastbourne we concerned they needed more input on their travel planning and life skills within PHSE particularly for Years 11 and 13. The careers department and Year 13 head were keen to promote independent travel to the students as they were aware many were being transported in parents and carers cars to the site.

The school asked if rail travel and safety could be promoted at the schools through three events:

- A careers fair for year 10/11
- A mock interview process for year 11
- A rail safety and sustainable transport information workshop for Year 13

Gildredge House is a mixed, comprehensive, all-through free school providing education for students aged 4 to 19.

The school works to provide a good careers progression for students. The new Gatsby Benchmarks ask schools to provide opportunities for careers events with outside agencies and consideration of life skills to promote independent

## What we did

After meeting staff and students from Gildredge House at The Big Futures Show in April I was invited to come to the schools careers fair in September to assist students in planning their means of travelling to further studies, jobs or apprenticeships.

The school works hard to provide careers and transition advice to students.

I first attended the schools careers fair where I spoke to parents, students and staff about using the train as a sustainable means of travel in the future. Promotion of healthier choices and independent travel skills. Secondly I was invited to a mock interview session which allowed students to have meaningful contact with potential industries and opportunities to discuss independent travel.

Lastly I was invited to give a workshop to Year 13 students particularly focussing in on rail safety and choosing healthy, sustainable transport. A quick survey of the students found that only 2 of the students walked, 1 cycled and 21 were driven by car to the school (even though the majority lived within 2 miles of the school)

## Key Facts



**32** year 11 students engaged at careers fair and mock interview day



**24** Year 13 students provided with ITTT workshop

“ I didn't know this service was available it could be a big help ”

“ Rail safety is really important ”

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